

愛迪生中文學校 2025 - 2026 學年文化課程及費用一覽表
CACA Edison Chinese School Cultural Activities and Fees for 2025-2026 School Year

	課程 Class	時間 Schedule	教師 Teacher	年齡要求 Age Requirement	材料費 Material Fee	2:30 ~ 3:30PM 課程時間 Class Time	備註 Remark
1	舞蹈 Dance	全年 whole year	謝麗涵 Li-Han Hsieh	4+	\$30	√	This high energy dance program is designed for younger dancers with kids' friendly dance routines and their favorite music. Class starts with warm up and stretching follow the break down dance steps. Dance choreography will be based on each music genres and the cultural elements behind. There will be a dance performance within the school celebration event.
2	兒童美勞 Arts and Crafts	全年 whole year	唐緯韻 WeiYun Tang	4+	\$30	√	兒童美勞課是為學前兒童和小學生特別設計的課程。手工製作的過程既是左右手的合作協調，同時也是手與腦的協調訓練。學生會透過摺紙、剪貼、中國結、紙黏土等的實際操作，培養學生的觀察力、創造力和想像力。
3	作業輔導 Homework Club	全年 whole year	張晶潔	5+	\$10	√	針對CSL學生在寫作業方面需要協助的或是CSL學生在口語方面需要多一點練習或正音。For CSL students who need assistance with homework or those who need more practice or pronunciation correction in speaking.
4	(親子)花式跳繩 (Parent-Child) Jump Rope	全年 whole year	邱妤韻 Charlene Chiu 邱秭琦 Olivia Chiu	5+	\$10	√	課程目標：培養基本跳繩技巧與節奏感，增進心肺功能與身體協調性，學習多種花式動作，如開叉跳、多迴旋，鼓勵團隊合作，發展創意跳繩編排，各項展演活動演出。 課程內容：跳繩基本動作訓練（正跳、倒跳、單腳跳。節奏與拍點訓練。花式技巧學習（側擺、交叉、胯下等）。團體花式跳繩（雙人繩、多人繩）。套路編排與創作挑戰。期末成果展演與影片記錄。
				Adult	Tuition \$320 Fee \$10		
5	書法 Calligraphy	全年 whole year	周容 Jung Soang	7+	\$40	√	成人書法與兒童書法課程由名師周容指導，周老師曾於北愛迪生社區活動中心開設成人書法班，在美東各大書法比賽中擔任評審，曾入選「2012年全球華人同書千字文」，作品在國父紀念館書道會書法聯展中展出，2015年於台北耕莘文教院舉辦個展，造詣深厚。
				Adult	Tuition \$320 Fee \$40		
6	舞獅 Lion Dance	全年 whole year	沈健輝 David Shen	8+	\$20	√	沈老師為體育系科班出身，教授小朋友舞獅，強調基本功的紮實和重要性，將於新年晚會上台表演和新春期間的圖書館和社區演出。Professional grade teacher teaches Chinese lion dance, focus on basic foundation, will perform in Chinese New Year Celebration and Community Services.
7	DIY科學實驗課 DIY Science Experiment	全年 whole year	宋仕元 Sean Sung	8+	\$50	√	This course is centered on the concept of “learning by doing,” featuring a series of safe, fun, and surprising science experiments. Using only safe materials and avoiding high-risk devices, students will engage in hands-on activities to explore natural phenomena and scientific principles. Topics include mechanics, aerodynamics, Bernoulli's principle, magnetism, pressure, and chemistry. Built on a STEAM-based curriculum. Each session results in a take-home project that is both enjoyable and educational.
8	趣味數學 Math is Fun	全年 whole year	唐緯韻 WeiYun Tang	8-11	\$20	√	Math is fun and challenging. Students will improve their problem solving skills and learn to present their ideas while mastering math skills in various areas. For students going to grade 3/4/5, this math class will build solid foundation for middle school math. Ms. Tang was the founder and coach for math Olympiad club in Menlo Park elementary school.
9	鉤針 Crochet	全年 whole year	王慧茹 Hui-Ru Wang 任婕如 Jaslene Jen	10+	\$50	√	課程將引導學生製作精美的鉤針物品，如花片，小袋子，髮飾，小掛件等物。小班教學，每班最多10人，年齡限制為十歲及以上同學、成年人。
				Adult	Tuition \$320 Fee \$50		
10	擂鼓 Thunder Drum (Chinese Taiko Drum)	短期課程 workshop	林裕庭 Aidan Lin	10+	Tuition \$120 Fee \$20	3:35PM - 4:15PM	基本鼓點為台北實踐國中鄭老師原創，課程集中在八月底暑訓以及春季為主的短期訓練形式。團隊將參與各項社區活動演出。每對鼓棒\$25。This class will be focused on summer training and spring workshop style during the school year. We will perform in various community services and performances. Drumsticks \$25 per pair.
11	成人尊巴 Adult Zumba	全年 whole year	謝麗涵 Li-Han Hsieh	Adult	Tuition \$320 Fee N/A	12:40 PM - 1:30PM	五十分鐘的有氧健身課程，在熱情的拉丁與各國音樂中，配合高低強度的舞蹈動作，在有趣友善的氣氛中，體驗各種舞蹈風格，燃燒卡路里，養成窈窕體態。 A 50-minute dance fitness workout that combines Latin and international music with a mixture of low and high intensity moves. Students will burn calories while exploring different dance styles in a fun and friendly environment.
12	成人瑜伽 Adult Yoga	全年 whole year	謝麗涵 Li-Han Hsieh	Adult	Tuition \$320 Fee N/A	1:35 PM - 2:25 PM	請自備瑜加墊。Yoga class is designed for helping calm and improve concentration as we can be stressed almost daily. The class starts with brief meditation followed by warm up and fun yoga poses end with restful relaxation. Please bring your own yoga mat.
13	八段錦 Baduanjin qigong	短期課程 workshop	呂智濤 John Lu	Adult	Tuition \$100 Fee N/A	√	國粹健身養生運動，簡單易學，無需場地，風雨無阻，隨時隨地；時間短，可邊看電視邊聽音樂，無需靜心；對於身心疲憊、精神緊張有緩解作用。上學期共八節課，每節三十分鐘，隔周上課。請自備瑜加墊。 Traditional Chinese exercise, easy to learn and practice, any time anywhere, rain or shine; a quick exercise, practicing while watching TV or listening to music, no need for mental focus. Will help ease fatigue and stress as a result of daily grind. Eight classes int the Fall Semester, 30 minutes per class, biweekly. Please bring your own yoga mat.
14	成人麻將 Adult Mahjong	短期課程 workshop	沈尚恆 Peter Shen	Adult	Tuition \$160 Fee \$10	√	麻將是一項老少咸宜，宜情宜智的遊戲。最適合退休老年人的娛樂，打發時間，以牌會友。趁年輕，先學一技，有備無患。 。每班最多8人。課程從12月開始以短期形式為主，每期8節課。 Maximum 8 students per class. Courses are mainly short-term from December, with 8 lessons per session.

Families who complete and pay their registration first will have their first choice of culture classes. Once it's full, students will be in either waiting list or other available cultural class.

Minimum 5 students required per class.

For enrollment of adult cultural classes: \$35 administration fee + tuition + the material fee.

Thunder Drum (Chinese Taiko Drum) is an optional course that can be added as an additional cultural class, so the tuition and material fee are calculated additionally.